

ISSUE 10 • OCTOBER 2021

BLUE HORIZON AID

Newsletter

Good Words for Great Souls

BY MR BENJAMIN TURKSON

In many religious, philosophical, and mythological traditions, the soul is the essence of a living being. Soul comprises the mental abilities of a living being, reason, character, feeling, consciousness, perception and thinking.

A great soul is a saint magnanimous, great-hearted person who has infinite patience and love in his or her heart for others. A great soul, has that ability to empathise deeply and to sense in their inner being what the true essence of being a blessing really means.

Ghana Freundeskreis, you have a kind heart and true concern for your fellow man. Words of praise are not enough to show how much we appreciate your limitless efforts. God bless you infinitely. A beautiful face will age and a perfect body will change, but a beautiful soul will always be a beautiful soul.

Just being there for someone can bring hope when all seems lost. Let us love the unloved, help the helpless, keepsakes for the heart by doing little deeds of kindness! More importantly, let's not forget to bring hope to the hopeless!

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Christian Message to Readers

Gratitude is a spiritual force that empowers you to scale higher. You cannot change to a higher level without it. In the book of **Luke 17:11-19**, Jesus healed ten leprous men but only one returned to say thank you and He took note of that.

Imagine what our world will look like if every individual would appreciate God for every blessing received, whether great or small? God expects us to be appreciative. He values our praise and thanksgiving and is actually motivated by it.



TITLE:

BE GRATEFUL

1 'Praise the lord, my soul; all my inmost being, praise his holy name.

2 Praise the lord my and forget not all his benefits

3 who forgives all your sins and heals all your diseases,

4 who redeems your life from the pit and crowns you with love and compassion,

5 who satisfies your desires with good things so that your youth is renewed like the eagle's

PSALM 103:1-5

Thanksgiving and appreciation will establish your blessings as permanent features in your life. It takes gratitude to become great. A man that is not grateful does not live a great life. Until we thank God for where we are, we cannot move to where we are meant to be.

PRAYER:

Dear Lord, forgive us for when we don't thank you enough, for who you are, for all that you do, and for all that you've given. Thank you for your amazing power and work in our lives, thank you for your goodness and for your blessings over us. Thank you for your incredible sacrifice on the cross so that we might have freedom and life. Amen.

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A Grateful Heart

BY HARRY OKYERE JNR.

It's been some great happy months since I received overwhelming support from Blue Horizon Aid. BHA has lessened my burden and I have been excelling greatly in school. I am Harry Okyere Jnr, I am 19 years of age and currently a first-year student at University of Ghana studying Business Administration. For the past few years, it was very hard for me and my family since my dad lost his job. My mum who was a teacher and had little earnings could hardly cater for the whole family.

We were a family of seven, my dad, mum, my aunt, me and my three siblings. You could understand how difficult it was to provide for such a family on regular basis. Sometimes we had little or no food. We had to depend on friends and loved ones to survive daily. During this time, I had written my secondary school exams. Fortunately, I had passed with flying colors although sadness had overburdened my joy, looking at my situation.



Blue Horizon Aid heard my story and assisted me financially to enable pay my first year University admission fees. God bless BHA and GFK for their support.

The support from Blue Horizon Aid came just in the nick of time and as a great help for me to stay without worries of my educational expenses.

My heartfelt thanks goes to Blue Horizon Aid again for their kind consideration, gesture and support. This would continue to go a long way in my career prospects as an accountant. I also enjoy helping people and as much as I have been helped, I would also like to help others just like Blue Horizon Aid has done for me in the near future. Your contribution to scholarships for the less privileged students demonstrates the need to invest in the potential of others.

"A good head and good heart are always a combination. But when you add to that a literate tongue or pen, then you have something very special."

— Nelson Mandela

MEET THE TEAM

Meet the team is a brief yet informative way of knowing why BHA team members love to volunteer. You will get to read their thoughts on why they love to help people and what motivates and inspires them passionately.

No two persons are alike. A very good team understands and learns to be flexible in order to meet the needs and learn to accept ideas that are different from theirs.

A good team learns the importance of being selfless. As the saying goes, "There is no I in team." Members of a good team understand the importance of the vision of helping others before their personal agenda.



BHA's Executive Director – Mr Benjamin Turkson

Everyone has a different opinion, belief, perspective and set of experiences that they bring to the table. My team is made up of highly committed and selfless individuals that strive to see things through to completion.

Every one of my team members know each other well and have learnt the importance of flexibility with one another. Sometimes, it means they have to give up their personal time so that goals of Blue Horizon Aid can be achieved within a deadline.

I am very proud of each one of my team members for their love for the job, diligence and support. Together as a team we wish to bring hope to the hopeless. Enjoy reading...

"You don't inspire your team mates by showing them how amazing you are you, inspire them by showing them how amazing they are."

- Robyn Benincasa

"A successful team is a group of many hands and one mind."

- Bill Bethel

"Great things in business are never done by one person but are done by a team of people."

- Steve Jobs



I love to do humanitarian work because it is the most satisfying thing to me. Whenever I am able to help someone or a group, I feel so happy. With little or no payment, I will still do the humanitarian work. For it is the very core of my life.

- **EFO TEYE KODZI**



My reason for helping people is to make a difference in the lives of others and feel valued and part of the team. - **RALPH KYEI**

I see EDS as an opportunity to help do the little I can to relieve the poor and vulnerable - **BENEDICTA AFRAM**



The feeling you get is no different when volunteering your time to a cause you are passionate about. I feel great when I have the opportunity to help someone.

- **HERBERTA MINNOW**



We often feel that if we haven't done a thousand good deeds it's not worth it, but in reality, every small action that makes even one person's life better is commendable. - **PEARL OHENE AMOAKO**



My drive for volunteering is to have a long-lasting impact on the lives of people. There is no exercise better for the heart than reaching down and lifting people up - **MAYFAIR ADJEI-NKANSAH**



A picture is worth a thousand words. Through images I am able to detect the true feelings of people. My passion is derived from the power of visuals.

- **ERIC TURKSON**



Caring for the poor is a noble endeavour. If you give them the chance or opportunity, you'll see an effective improvement in their lives. - **PRINCE OPPONG**



I see and experience things every day that motivates me to take action and make a difference. Committing my time and energy to this cause is a blessing - **MARK JUMPAH**



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Food for the Soul

BY MAYFAIR ADJEI-NKANSAH

A compassionate person does not say that people are responsible for their sufferings, but try to understand the root cause and help them solve these problems.

In other words, it can be defined as “suffering from another person and having a strong desire to relieve the person from their sufferings.” When you are compassionate towards people around you, you will notice a sense of calm and serenity within yourself and your surroundings.

It will also nurture harmonious and meaningful relationships with your friends and family. Ultimately, it all leads to a peaceful mind and body relationship leading to good health. It requires no strength to put up a fight, abuse or hit someone.

But it requires massive strength to do kind things for others, show mercy and forgive. It is only with a deep understanding can one be kind in a world that may or may not show the same kindness back.

“Let us learn to live with kindness, to love everyone, even when they do not love us.”

— Pope Francis



More COVID-19 vaccines arrive in Ghana

Source; [WHO](#)

Posted 19 Oct 2021

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Ghana's robust COVID-19 vaccination campaign continues to receive a boost with donations through the COVAX Facility.

The Ministry of Health has in the past few weeks, taken delivery of more than 2 million doses of AstraZeneca's Covishield vaccines from the Governments of Germany, Denmark, Iceland, Norway with Germany contributing the largest single consignment of over 1.5 million doses.

The donations are in fulfillment of pledges made by the governments to contribute to COVAX. The successful management of the COVID-19 pandemic and subsequent vaccine rollout in Ghana, as has been hailed by many, is partly be attributed to such strong support from partners.

"We are aware of the difference your logistic, technical and financial support has made in the management of the COVID-19 in Ghana", Deputy Minister for Health Alhaji Mahama Asei Seini said when he received the 1.5 million doses from Germany.

In a brief statement to hand over the vaccines, the German Ambassador to Ghana, Daniel Krull, acknowledged the contribution his government had made to Ghana's fight against the pandemic. Mr Krull revealed that Germany's bilateral support to Ghana stood at more than 25 million Euros.

The Ministry has taken delivery of an additional 1.3 million doses of Pfizer vaccines donated by the United States Government. The shipment is the very first Pfizer-BioNTech vaccine to hit the shores of Ghana.

At a short presentation ceremony, the US Ambassador to Ghana, Stephanie Sullivan said vaccines were critical to defeating the pandemic. She was hopeful that the 2.5 million vaccine doses donated to date by the United States would help protect Ghanaians from serious illness while working together to stop the spread of COVID-19. It is anticipated that the latest shipments would accelerate the Ghana's vaccination campaign and further push the country closer to reaching the global goal of fully vaccinating 10% of every country's population.



OUR CORE VALUES

Belief in God

We proclaim that Jesus is Lord and that God raised Him from the dead."

Excellence

"We will strive to be the best of the best in our service delivery. Exceeding Expectations will be our Hallmark."



Respect

"Everyone has equal value. We will treat everyone with equal respect"



Credibility

"Trustworthiness, transparency, accountability, integrity towards all our stakeholders."



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Blue Horizon Aid (BHA) is a rural, peri-urban development, advocacy and relief organization dedicated to working with poor women, children, families and their communities.

Please join us meet the rural folks at their point of need.

Your donations can be sent to BHA's account no below

Account name: BLUE HORIZON AID

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